
COVID-19 Pandemic Contents

EMS	2
Fred Hutch COVID Study	2
Social/Physical Distancing Animation	2
Department Updates	2
Member Portal: Cell Number Update.....	2
Training Update	3
Scanning and Electronic Approval Update	3
Exposure Group (EG) Process	3
Peer Support	4
Home Disinfection Kits.....	4
COVID-19 Data Trends (as of 4.24)	5
Non-COVID Training	5
SOSRD Hydraulics.....	5
West Seattle Bridge Impacts and Response Planning	5
SFD Drill: Tabletop Discussion - Highrise	6

Every Friday at 1000 hours, the Fire Chief and Leadership Team will conduct a 60-minute Department-wide Skype informational meeting. It will be posted on the activity scheduler.

Got Ideas???

Our members recognized the opportunity to eliminate our viral exposure and reduce our spending by becoming paperless. Do you have a better way of doing business? If so, pass it along to your Chiefs so we can harness these great ideas!

As our response to COVID-19 continues, we are now faced with the additional challenge of the West Seattle Bridge closure. We are being tested and some days it's hard to see our way back to normal.

However, we have seen the images of cheering health care workers at our hospitals. We have seen the grateful smiles of our citizens during the Friday Night Outs. Our community is looking to us for hope and you have provided it with nobility and honor. The effort and care you have poured into this entire incident is inspiring.

Keep the faith and as long as we stay united and true to our mission, we will endure.

-Bryan W. Hastings

Note:

Members are to log this training in TIMS

Session Title: (Company name/Shift) - COVID-19 Drill #9

Subject: 09-EMS Lesson: 09-10 Infectious Disease

EMS

Fred Hutch COVID Study

- The Seattle Vaccine Trials Unit, part of Fred Hutch, is looking for first responders to take part in a research study for COVID-19. They are looking for volunteers who are willing to help them learn more about how the virus affects the immune system. This observational study may aid in the development of a vaccine or treatment for COVID-19 or some other disease.
 - Click here if interested: www.redcap.link/COVID19-cohort

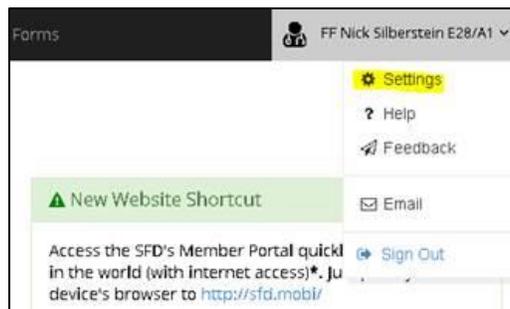
Social/Physical Distancing Animation

- Check out the King County Fire Chiefs animation illustrating social/physical distancing best practices: <https://drive.google.com/open?id=1HvjInCtdndaaMftiGSIQhBA-Cs-j-8QX>

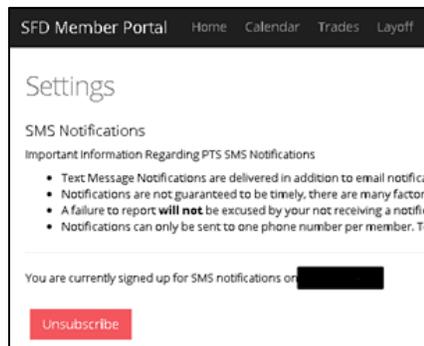
Department Updates

Member Portal: Cell Number Update

- The Department is preparing to switch over to a new system of tracking quarantined and isolated members that includes a symptom tracker and SMS notifications.
- To facilitate this switch, all members are asked to update their cell phone number in the Member portal by following the below steps:
 - i. Log into the Member Portal (<http://sfd.mobi>)
 - ii. Choose settings in upper right corner



- iii. If member is already subscribed to notifications, the below message will appear. Verify that your number is correct. If it isn't, update your cell number by unsubscribing.



- iv. For new members or members not subscribed, sign up by providing your cell phone number in the form below. Once done, member will be asked to verify their number and subscribe.



Training Update

- Probationary firefighter truck assignments will be deferred until the end of their probation.
- Additionally, the truck work timeline for the next graduating recruit class will be adjusted to provide some relief for the truck companies to ensure the assignment of probationary firefighters is not back-to-back.
- **RC:111**
 - Current time frame for their temp assignments: currently ends May 20th
 - Adjusted temp assignments time frame: **July 1 thru July 20th**
- **RC:112**
 - Current time frame for six (6) 12-hour temp. truck assignment: August 8th
 - New time frame for six (6) 12-hour temp. truck assignment: **September 8**
 - Current time frame for 4th member truck: Sept 20th
 - New time frame for 4th member truck: **October 20th**

Scanning and Electronic Approval Update

- After scanning and submitting paper to Department mail, scan a copy of the document to your email to facilitate back up.
- An additional exception to submitting forms electronically:
 - Disability: All disability documentation should scanned and emailed to SFD_Disability@seattle.gov and “cc” yourself for your records.

Exposure Group (EG) Process

- When SFD treats a patient that later tests positive:
 - EG receives an email from the King County EMS.

- EG researches ESO, CAD and PTS to confirm the members involved and the level of PPE used. If ESO documentation is unclear, members will be interviewed.
 - i. If Level 3 PPE was utilized without failure, no exposure occurred. Members will be notified via email.
 - ii. If the patient was treated without full PPE, the group researches whether each member had close or direct physical contact.
 - If that occurs, the individual member is placed into quarantine (paid administrative leave).
- When a Firefighter tests positive:
 - EG investigates all contacts with other firefighters.
 - i. Investigation includes any work-related contact within 48 hours of symptom onset.
 - Each member is interviewed following the EG Investigation [checklist](#).
 - The criteria utilized in the interview determines whether the member is exposed. If exposed, they are placed into quarantine (paid administrative leave).
- For questions on this process or exposure issues contact the on-duty HSO (Safety 2).

Peer Support

- There has been an uptick of responses involving children and young adults from accidental death, overdose and suicide.
 - Peer Support will be discussing coping techniques on the Friday Department-wide skype meetings.
 - Archived Skype meetings are [here](#).
- Trained Peers are available for confidential support. Find their contact in PTS [here](#).
- There are free weekly drop-in meditation sessions on Zoom. This weekly training will offer micro-training on resilience, provide a facilitated 20-minute mindfulness meditation practice and offer an opportunity for interactive questions. Register [here](#).
- These sessions are designed for First Responders, Professional Staff, Military, Veterans and their families.

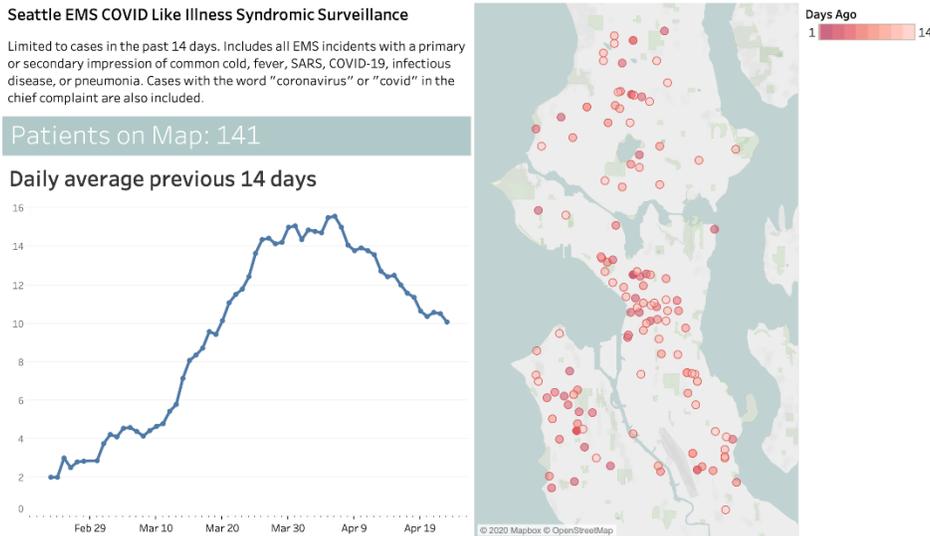
Home Disinfection Kits

- The CDC Foundation has donated take-home cleaning care kits from SC Johnson to all SFD employees.
- These kits are being distributed to personnel this week.
- See below for contents of kits:



COVID-19 Data Trends (as of 4.24)

- Additional ESO data and trends can be seen [here](#).



Non-COVID Training

SOGRD Hydraulics

- This SOGRD describes pumping and hydraulics concepts. Already published and on the SharePoint site are the Section 9 Pumping & Hydraulics Training Guides and this SOGRD will supplement the series. Find the SOGRD [here](#).
- Battalion Chiefs shall review this document with their Officers who will then review it with their crews.
- The BCs should forward comments and recommendations to Deputy One. Deputy one will then forward them to 89 by **May 1, 2020**.

West Seattle Bridge Impacts and Response Planning

- An analysis of the response impacts of the West Seattle Highrise Bridge Closure has been completed and is now under review.
- Seattle Department of Transportation (SDOT) has initiated contingency planning in the event of a collapse. See SDOT's Maritime Executive briefing [here](#).
- SFD has been closely involved, along with other stakeholders, in SDOT's contingency planning.
- Remember, just like any other incident, size-up will be important.
 - On approach look for hazards
 - Begin size-up outside of the immediate hazard area
 - Describe the collapse
 - Identify hazards and zones
 - Report any known victims
 - Establish Command
 - Request additional resources
- You can review SFD's draft ICS 201 – Incident Briefing, and ICS 202 – Incident Objectives [here](#).

SFD Drill: Tabletop Discussion - Highrise



Scenario: At 0837 hours you arrive first to a floor 6 high-rise fire that is extending to floor 7 of a 25-story residential high-rise with 240 units and no sprinklers. Reports of people trapped by fire.

Objective: Group discuss with your crew, initial actions and why? Utilize the Highrise SOG/SOGRD

Considerations:

- What is your risk analysis?
- Do you utilize elevators?
 - How do you assign your crew? (Refer to the Highrise SOG/SOGRD)
- What are the considerations for aerial usage?
- If you utilize the aerial, what company do you give that assignment to?
- What are the challenges you anticipate on having and how will you deal with them?
- <https://www.cnn.com/2020/01/29/us/los-angeles-high-rise-fire/index.html> Read the attached article. What were the unanticipated situations LAFD encountered? How would you have handled those challenges, the same or differently?

TIMS:

- Session Title: (Company/Shift) – Tabletop Discussion - Highrise
- Subject: 12-Fire Tactics
- Lesson: 12-06 Highrise