

---

---

### COVID-19 Pandemic Contents

**Recovering from COVID: Chief Harmon’s Experience ..... 2**

**Department Updates..... 2**

    Company Level Inspections Phase 2 Restart (June 2<sup>nd</sup>) ..... 2

    SODO Recovery Center ..... 2

    Hydrants ..... 3

    Communication with non-English speakers ..... 3

    West Seattle Bridge Response Planning ..... 3

    King County 2-1-1 System..... 4

    Probationary Firefighters ..... 4

**Return to Work (RTW) Update ..... 4**

    COVID-19 ESO Trends ..... 6

**Department Training..... 6**

    Deputy 1 Significant Incident Report (D1 SIR)..... 6

    Asbestos Awareness Company Drill..... 6

Every Friday at 1000 hours, the Fire Chief and Leadership Team will conduct a 60-minute Department-wide Skype informational meeting. It will be posted on the activity scheduler.

**Got Ideas???**

We will continue to include non-COVID related training in our weekly training document. Do you have anything you have built for yourself or your crews? Pass them onto your Chiefs so we can harness these great ideas!

The Spanish Flu of 1918 was the last great worldwide pandemic. After an initial period of home isolation, many parts of the world re-opened without restriction which resulted in a second lethal wave of deaths. As we lift our own restrictions, we will do it in a more measured fashion. Our overarching approach is that we cannot control the virus, but we can *manage* the spread.

We are all tired of COVID and that is understandable. Just know, we are doing the right things. Stay the course; perseverance and discipline will get us through this mess.

-Bryan W. Hastings

**Members are to log this training in TIMS**

Session Title: (Company/Shift)-COVID-19 Drill # 12  
Subject: 09-EMS  
Lesson: 09-10 Infectious Disease

## Recovering from COVID: Chief Harmon's Experience

- Whenever I run into someone that I have not seen in a while I get a lot of questions. How was it? How bad did it get? Did you have any respiratory issues? It makes me realize that many of us, myself included, do not know anyone outside of the fire department who has tested positive for the disease. With that in mind I would like to share my experience. Click [here](#) for the full story.

## Department Updates

### Company Level Inspections Phase 2 Restart (June 2<sup>nd</sup>)

- Beginning on June 2, we will resume our building inspection program following the below parameters.
- Company Officers should make prior contact with responsible parties via phone or email to inform them that their building is due for inspection. Company Officers should use this opportunity to update contact information and schedule a time and date for the inspection.
- This inspection restart **will not** include company inspections of the following occupancies: nursing homes, assisted living facilities, homeless shelters and hospitals.
- If for any reason the responsible party is resistant to scheduling an inspection, the company officer is asked to:
  - Explain to the responsible party the importance of the Life Safety building inspection program and that the inspection is required by the Seattle Fire Code.
  - Let the responsible party know that the inspectors will be using CDC guidelines for maintaining proper social/physical distancing including face coverings.
  - SFD views the health and safety of the community as a high priority and will conduct the inspection in a safe manner.
  - If the responsible party refuses to schedule the inspection, make a note of it in the IPD and let the responsible party know that the department will be reaching out to schedule the inspection later in the year.
- All members will use department supplied face coverings and use proper social/physical distancing guidelines during inspections.
- If at any time during an inspection, members feel that the inspection cannot be performed safely, they will inform the responsible party of the reason and reschedule the inspection.

### SODO Recovery Center

- King County has established a new Quarantine/Isolation Recovery Center for COVID patients in the SODO district (1045 6th Avenue South, Seattle WA.) To see a list of other recovery centers in the area click [here](#).

## Hydrants

- Companies have done a great job of checking hydrants in their districts.
- There has been an increase in complaints due to cloudy water. As a reminder, companies should contact SPU (206-386-1849) prior to hydrant inspections and drills that include the use of a hydrant ([POG 2001-76](#)). This policy is to allow a courtesy notice so SPU can explain the discolored water to their customers; versus sending their crews out to the area.

## Communication with non-English speakers

- SFD contracts with Language Line Solutions to provide access to professional interpreters when communicating with individuals with limited English proficiencies.
- You can now reach a Language Line interpreter using an iPhone app. See the direction on how to install the app below:
  - Open app store on work iPhone
  - Search for Language Line InSight
- After installing, open the app to authenticate your device
  - Authentication code: PTQ4938GRV (audio only)
  - If asked, SFD's Client ID is 943025
- Reaching interpreters instructions
  - Use the paper Quick Reference Guide (on SharePoint [here](#)) to identify the language spoken by the individual
  - Dial 1-800-523-1786
  - Provide the Answer Point with Client ID #943025, your unit ID and language requested
  - Once conferenced in, brief the interpreter on the purpose of the call
- Or
  - Open the app and scroll through language options (one tab shows top languages; second tab at top shows all)
  - Click on the language and wait for interpreter
  - Brief the interpreter on the purpose of the call
- The department is ordering **Language ID Guides** for each apparatus, department vehicle and reception desk and will provide wallet-sized cards with the Language Line phone number for uniform members.

## West Seattle Bridge Response Planning

- Seattle Department of Transportation (SDOT) continues contingency planning.
- SFD has been closely involved, along with other stakeholders, in SDOT's contingency planning. See the SFD action plan in the event of the West Seattle Bridge collapse [here](#).
- As a reminder, members submitting their letter of interest for a temporary transfer to Ladder 13 should send an email to "SFDStaffing" with a "cc" to their current Battalion Chief **by May 18, 2020**.

### **King County 2-1-1 System**

- Telephone Referral Options for Patients
  - Operations may refer medically stable patients in need of assistance to the help lines run by the nonprofit Crisis Connections.
  - Crisis Line (866-4-CRISIS) (206-461-3222 or 866-427-4747)
- 24/7/365 assistance for behavioral or emotional crisis
  - Experts in assisting with anxiety, loneliness, depression, suicidal thoughts, questions about alcohol/drug addiction, panic attacks
  - Free, anonymous, and confidential
  - Connected with behavioral health services throughout King County
- 2-1-1 (or text 877-211-9274)
  - Monday-Friday, 8a-6p
  - Provides assistance with basic needs, social services, human services, and housing
  - Can assist with utilities, food banks, healthcare information, employment, legal aid, immigration issues, shelter, transportation, and more
  - Can provide information on COVID-19 resources including advice, quarantine information, and more
  - Can link callers with Recovery Helpline for addiction issues, Warm Line (adult peer support, staffed by volunteers with lived experience)

### **Probationary Firefighters**

- FYI: Probationary firefighters from today's graduating class (RC#112) will be making station visits prior to their 1st shift. They will go through the self-monitoring stations prior to contact with any station members.

### **Return to Work (RTW) Update**

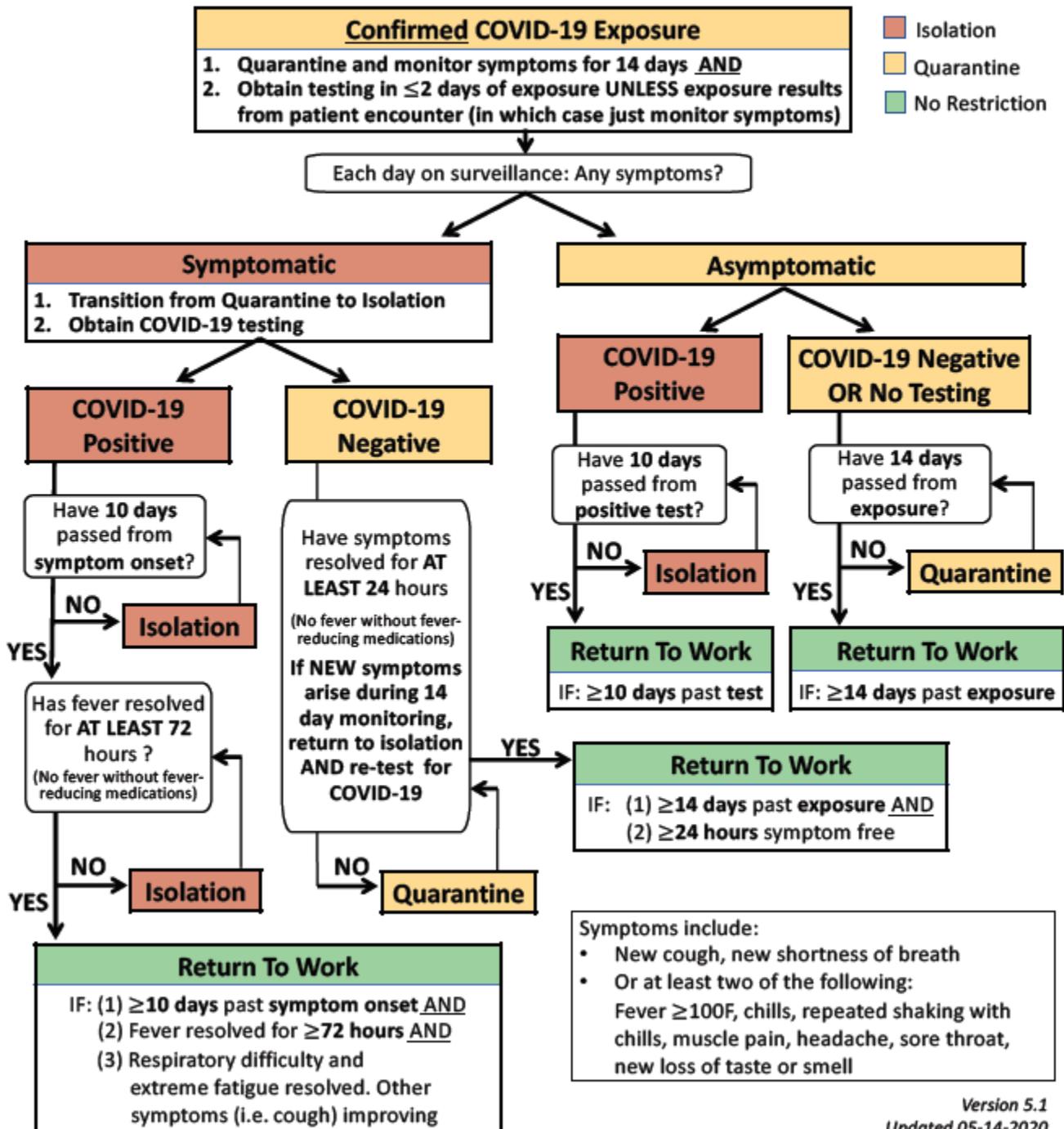
#### Isolation for Coronavirus Infection

- The [CDC guidance for patients on home isolation](#) following a positive COVID-19 nasal swab PCR test was updated. The revised recommendations mean that we can safely reduce the period of isolation from 14 days to 10 days from onset of symptoms so long as the individual is feeling well for 72 hours.
- The update also addresses isolation of (positive) members who remain asymptomatic.

#### Quarantine for Persons exposed to confirmed coronavirus

- A new RTW Flow Chart has been developed using recommendations based on [updated quarantine guidance](#) from the CDC. The updated approach is consistent with new strategies to undertake contact tracing and assure health care work force safety.
- The updated flow chart shows a revised quarantine procedure for Firefighter(s):
  - who have close/household contacts of someone who is diagnosed with COVID-19
  - who are asymptomatic and have a positive nasal swab PCR test for COVID-19.

## COVID-19 Exposure Guidelines for Return to Work



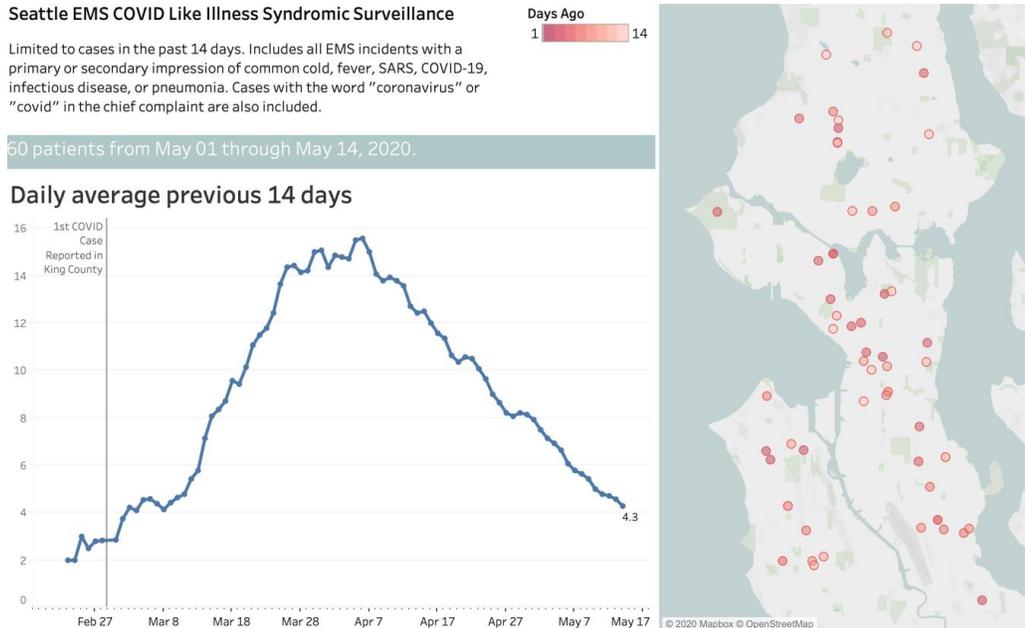
Version 5.1  
 Updated 05-14-2020  
 Adapted from WA DOH and CDC

---

---

## COVID-19 ESO Trends

- Additional ESO data and trends can be seen [here](#).



## Department Training

### Deputy 1 Significant Incident Report (D1 SIR)

- The department is implementing a program called Deputy 1 Significant Incident Report (D1 SIR). Previously published D1 SIRs can be found [here](#).

**Here are 2 recent Dep 1 SIRs:**

- 1. 1005 Sturgus Avenue South (4/26/20):**  
For this SIR, read about a very complex building layout that was quickly mitigated thanks to knowledge from a pre-fire and aggressive reconnaissance actions by the first-in crews. Click [here](#).
- 2. 4125 Wallingford Ave N (5/08/20):**  
For this fire, read about an aggressive firefight in a derelict building and the measured ways to change strategies. Click [here](#).

### Asbestos Awareness Company Drill

- This week's Asbestos drill has been uploaded onto the activity scheduler (lower right-hand column) and shall be completed before the next training package delivery on May 29<sup>th</sup>.
  - Company officers will work with their crews to ensure completion