



COVID-19 Exposure Guidelines for Return to Work

Confirmed COVID-19 Exposure from PATIENT Encounter

This algorithm is specific for a COVID-19 exposure from a patient.

Quarantine and monitor symptoms

Enter Employee into Symptom Tracker

- Isolation
- Quarantine
- No Restriction

Each day on surveillance: Any symptoms?

Symptomatic

Isolate AND Obtain COVID-19 Testing (swab)

COVID-19 Positive

Have 10 days passed from symptom onset?

NO

Isolation

YES

Has fever resolved for AT LEAST 72 hours?
(No fever without fever-reducing medications)

NO

Isolation

YES

Return To Work

IF: (1) ≥ 10 days past symptom onset AND
(2) Fever resolved for ≥ 72 hours AND
(3) Respiratory difficulty and extreme fatigue resolved. Other symptoms (i.e. cough) improving

COVID-19 Negative

Have symptoms resolved for AT LEAST 24 hours
(No fever without fever-reducing medications)
If NEW symptoms arise during 14 day monitoring, return to isolation AND re-test for COVID-19

NO

Isolation

YES

Asymptomatic

Have 14 days passed since exposure?

NO

Quarantine

YES

Return To Work

IF: ≥ 14 days past exposure

Return To Work

IF: (1) ≥ 14 days past exposure AND
(2) ≥ 24 hours symptom free

Symptoms include:

- New cough, new shortness of breath
- Or at least two of the following:
Fever ≥ 100 F, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell



COVID-19 Exposure Guidelines for Return to Work

Return To Work
IF: (1) ≥ 14 days past exposure AND
(2) ≥ 24 hours symptom free

Confirmed COVID-19 Exposure from NON-PATIENT Encounter

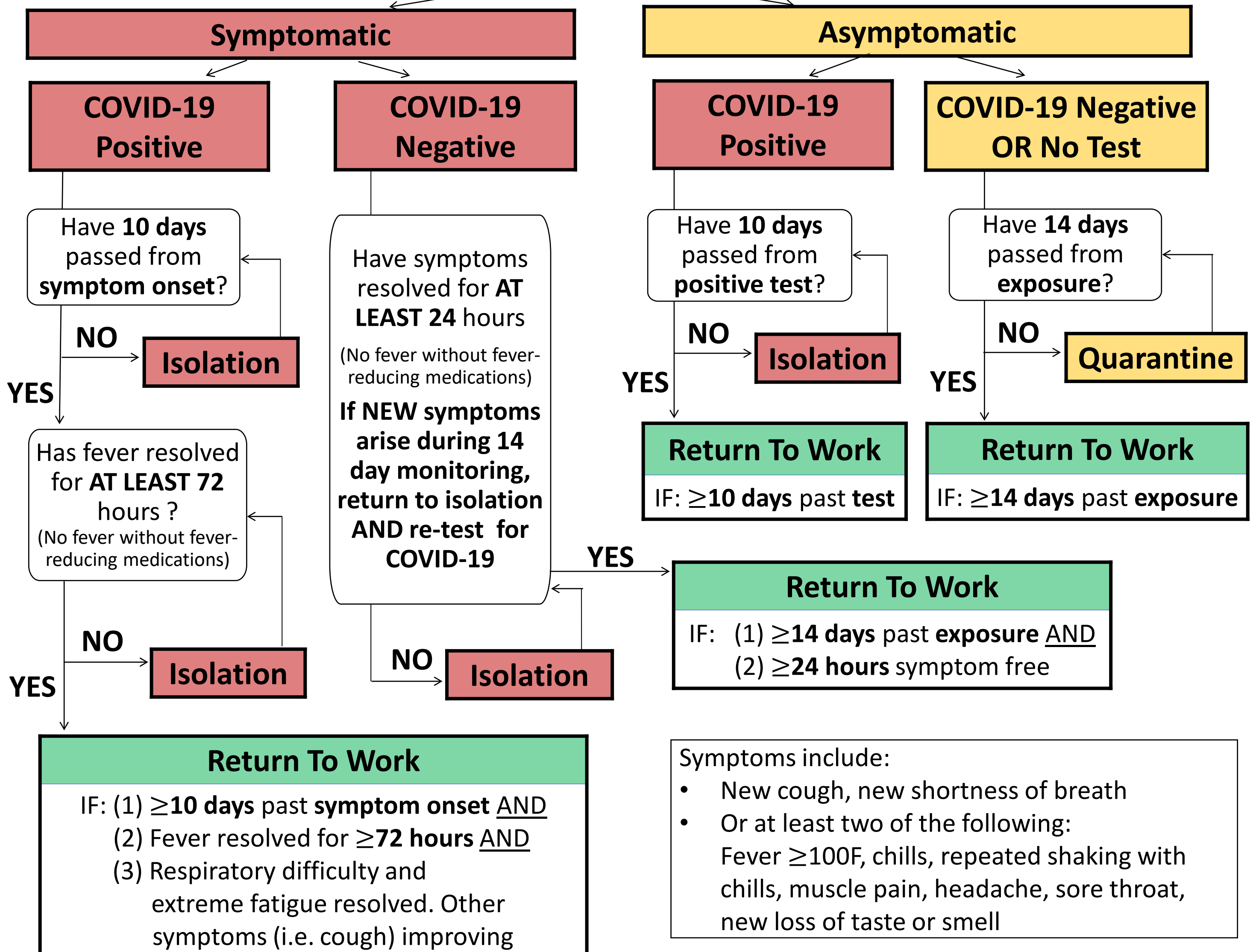
This algorithm is specific for a COVID-19 exposure from a non-patient source (co-worker or household) for whom the origin of infection is uncertain

Quarantine and monitor symptoms

Enter Employee in Symptom Tracker

- Isolation
- Quarantine
- No Restriction

Obtain COVID-19 testing regardless of symptom status as soon as possible (within 1-2 days of exposure). The goal of early testing is to identify the upstream source of the confirmed COVID-19 infection. Subsequent management per the algorithm is based on symptoms and COVID-19 test status.



Symptoms include:

- New cough, new shortness of breath
- Or at least two of the following: Fever ≥ 100 F, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell



COVID-19 Exposure Guidelines for Return to Work

No Documented Exposure to Known COVID-19 Person
Monitor symptoms.

- Isolation
- Quarantine
- No Restriction

Symptomatic
Testing for COVID-19 is encouraged for symptomatic first responders

Asymptomatic
There is **NO** role for testing first responders without known exposure or symptoms at this time. No work restriction.

Testing obtained

Testing NOT obtained

COVID-19 Positive

COVID-19 Negative

Have symptoms resolved for **AT LEAST 72** hours?
(No fever without fever-reducing medications)

NO

Quarantine

YES

Return To Work
IF: ≥ 72 hours symptom free

Have **10 days** passed from symptom onset?

NO

Isolation

YES

Has fever resolved for **AT LEAST 72** hours?
(No fever without fever-reducing medications)

NO

Isolation

YES

Return To Work
IF: (1) ≥ 10 days past symptom onset AND
(2) Fever resolved for ≥ 72 hours AND
(3) Respiratory difficulty and extreme fatigue resolved. Other symptoms (i.e. cough) improving

Have symptoms resolved at home?
(No fever without fever-reducing medications)

NO

Quarantine

YES

Return To Work
Per routine wellness and return following illness

Symptoms include:

- New cough, new shortness of breath
- Or at least two of the following: Fever ≥ 100 F, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell